



ZERO HUNGER & RESPONSIBLE CONSUMPTION AND PRODUCTION EDITION 4, FEBRUARY 2020

Dear friends,

We are glad to announce the much awaited 4<sup>th</sup> edition of our JPIC e-magazine.

This edition focuses on SDG- 2 (Zero Hunger) and SDG-12 (Responsible Consumption and Production).

Once again, the magazine speaks volumes about team spirit, collaboration and enthusiasm of all the JPIC members.

We are deeply indebted to Ms. Debomita Majumdar, the Central Zone JPIC Coordinator, for her efforts in evolving the magazine.

We would also like to express our heartfelt gratitude to Sr. Sabrina Edward, the Province leader and her team who has been a constant inspiration and driving force in this endeavour.

The magazine has made it possible for our young students to vociferously articulate their opinions about the aforementioned SDG goals.

Happy browsing!

Mrs. Ratna Ranjan  
Mrs. Sherin Andrews  
(National Coordinators)

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**ZERO HUNGER**

On 25 November, 2019, a Food ATM was inaugurated by Sister Monica, the Director of KMWSC (Kolkata Mary Ward Social Centre), in its premises adjacent to Loreto Convent, Entally. The primary aim of this unique ATM is to make food available to the hundreds in the locality who need it the most.

The scheme has once again provided us an excellent opportunity to fulfil one of the stated aims of Loreto education, i.e. to develop empathy for the marginalized and economically backward sections of our society.

However, no Loreto scheme has succeeded without the active help and enthusiastic participation of the Loreto students and parents.

This time also the Principal, teachers, students, and parents rose up to the occasion and are fortunate to get the opportunity to feed the hungry every Friday, throughout the year.

An SDG goal cannot be attained, if not implemented and this FOOD ATM works towards fulfilling SDG goal 2 - zero hunger.

JPIC BOWBAZAR

**HUNGER**

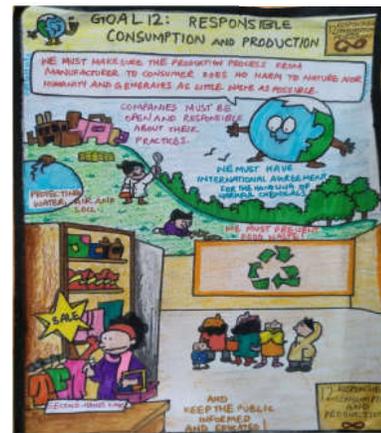
I have known life's hunger,  
 Though by other name,  
 It has been a dream and song,  
 Faith and the whip of shame.  
 Not until I listened  
 To sounds of a world swept by  
 Did I learn to hear my own heart,  
 And hear all life in its cry.  
 Not until the hunger  
 Of all worlds has blown  
 Like a wind against my window,  
 Could I name my own?  
 And I have learned that only  
 This is not proved vain:  
 Hunger by which a world is fed  
 As I am fed by pain.



Archita Saha IX



Barshana Chatterjee IX



Khushi Shah IX

**Mother India**

O Mother India!  
 Salute to you,  
 Salute to your land and sky  
 Which provides home to all passers- by  
 The future of our nation,  
 Its esteem and reputation,  
 Lie in the hands of today’s youth,  
 It is up to the Indian patriots,  
 It is up to you and me.  
 Our nation, India,  
 Isn’t really free  
 From all the crimes  
 Which happen day-to-day.  
 It is time to wake up  
 And strive for a beautiful future.



Prisha Agarwal VIII



Akanksha Priya X

**Nature Needs Climates**

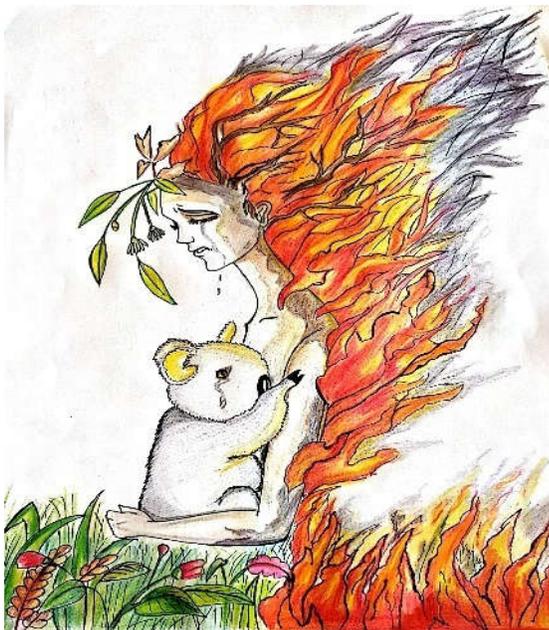
As the world and Australia fails to make meaningful resolutions to combat climate change, we are witnessing horrific devastation around the world due to our own carelessness. The recent example is the calamitous bushfires in Australia. Leaving aside the gory details, the statistics itself is quite appalling. Over one billion wild animals have already died and thousands have been injured. Above ten million hectares of land have been charred and the economic impact exceeds \$ 4.4 bn. Thousands of people are homeless and 28 are dead. The worst part is that the bushfires are still “far from over” (even after burning for ten weeks). It’s time the world wakes up. Now or never.



Adrija Karak IX

**The Destination of Power-pack entertainment and compassion (The grand school Fete)**

The smiles of joy and warmth spread all through the faces of kids working in the stalls. They symbolise the kindness, compassion and love which has filled everyone’s heart. Each stall had their way of presentation of their games and food items. All parents become a great part of this fete by contributing indirectly for the success of the Hunger and disease campaign – the aim of the grand fete. The songs dedicated to different people revealed our feelings of love and respect for others. The colours around us during the fete were as vibrant and colourful as the most beautiful flowers of the world. The food was a feast to every persons tongue. We thank our principal, sisters, teachers and school staff for allowing us to help the needy and poor through this event. The event was successful as the message of love and compassion to humanity was well spread.



Susmita Gupta IX



Ritu Dey IX

### Happiness is to practice compassion

On our visit to 'Apna Ghar', our eyes met the sight of broken chords of humility which shattered our hearts. With bent bodies, wrinkled skin and inexpressive faces, those old mothers had eyes which depicted the great pain that they possessed. In the last stage of their lives, when one needs their family the most, they had been abandoned in a condition, not better than a hopeless one. Their tears had dried but those stoned eyes still searched for their beloved ones. Those beloved for whose joy, they had accepted every pain, for whose smiles they had buried all their dreams and for whose love they had suppressed each of their desires. But those beloved ones got drowned in the colours of regardlessness and got lost from the path shown by the Almighty, where the holiest job is wiping away tears of sorrow from one's parents' eyes, those eyes where the purest love on this earth is found. On being asked about their lives, their crooked smiles and watery eyes narrated the entire story they had lived.

That place presented an entirely different aspect of this colourless, dark world.

It is said, if the Lord gives us pain, he also gives a balm to heal it. The sisters of the institution have proved to be angels in disguise for the old mothers. The love, care and support which they provide them is worthy of great praise. The sisters take care of each requirement of the women boarding there, and, as the name suggests, they truly make them feel like it's their own home, their 'Apna Ghar'.

In spite of all the pain that they have, those old ladies smiled, which showed that somewhere they still have hope for a world more beautiful. It was a lovely experience visiting them and spending time with them. We are highly grateful to our principal, Sister Gloria Lakra, for granting us this beautiful opportunity that has given us memories of a lifetime and will be cherished by us forever.



Sanya Raj IX



### Responsible Consumerism

The JPIC team conducted sessions to create awareness about responsible consumerism. Students of Class 6 addressed the junior school assembly and explained the need to practice responsible consumerism. Through posters, they pointed out the ways in which one can practice the same. The students listened very eagerly and promised to implement the suggestions.



## SDG-2 ZERO HUNGER

Hunger cannot always be defined as a want and need for food. It can also mean psychological needs that every human possesses for money, comfort, luxury. The psychological hunger is basically the greed that a human possesses. When we look within our soul we can also see that psychological hunger present. Both physical and psychological hunger is a stain to human society.

I remember years ago I once saw a man wearing rags collecting the rice disposed in a plastic bag, from the garbage. I was curious so I stopped to see what he was doing. I was surprised to see that he washed the rice with water leaking from a pipe line on the road and he ate it. That day I really understood what hunger can really make a person do. It was not that he was not disgusted by the stale taste of the rice but hunger did not leave him with any other choice. He had no other means to satisfy the hunger bothering him. Now also talking about the psychological hunger I recall an incident that happened during the Emergency imposed by Indira Gandhi. My maternal aunt was shot dead along with her parents in her own house for money and property! In recent times it is not at all surprising to see people killing each other for their hunger for wealth. The actual definition of Sustainable development is "Development that takes place by improving today by not forsaking the needs of the future generation."

By this time we must understand that when it comes to sustainable development we are not actually looking at the spiritual development for the future generation as well. A great thinker had once said that we have borrowed this world from our children. So when something borrowed is returned it must come with an interest and the interest must be beautiful. It is painful to see that the world that we might return to the future generation might not be worth living in. Then what cause will sustainable development play? Nothing! No, we cannot take that risk to destroy the entire life of one generation. Nor can we take Mother Nature for granted.

It is each individual's duty to develop spiritually and also contribute to develop our surrounding. When it comes to sustainable development we all are responsible for it. I mean we cannot get rid by saying that the government must do it because it is us who destroy the world not the government. If we really want the SDG 2 to look beautifully carved in the surface level we all must contribute to reduce our psychological hunger and end the hunger that 10 out of 100 people face every day.



Sanskriti Singh XII



Zara Shriff XI

## MINIMALISM: THE NEED OF THE HOUR

### MINDFUL- CONSUMERISM, THE NEED OF THE HOUR

Gone are the days when festivals were the time for indulging and pampering oneself. Now, it rains discount the whole year round tempting potential customers to update to the next high end product or brand. The ease of online shopping has given impetus to impulsive shopping hence overspending. There is a need to go on a fashion diet and become purposeful in our shopping, choosing to share spirit of the season with family and reach out to the less fortunate.

[https://www.youtube.com/watch?v=SnWIDyC3h\\_Q](https://www.youtube.com/watch?v=SnWIDyC3h_Q)

### FOOD WASTE IS IN BAD TASTE

One third of all food produced for human consumption is wasted every year. Streets' garbage bins and landfills are brimming with food wasted at weddings or parties. Resources like water are utilized in food production even though millions of people still don't have access to drinking water. Despite the world producing enough food to feed twice its present population, food wastage is ironically behind billions of people still being malnourished. Beside wastage of innumerable resources employed for production, harvesting and transportation the rotting food in landfills produces methane-a green house gas, even more potent than carbon dioxide.

<https://www.youtube.com/watch?v=wehHDwS7IkE>

### CHASE THE CRAZE

In this consumerist world, every product purchased has an adverse impact on the environment. It is essential to operate within the constraints of resources available in nature, ensuring that the consequent waste generated does not exceed what can be transformed or absorbed by nature with its potential to give economy a boom. Consumerism can prove to be a double edge sword.

<https://www.youtube.com/watch?v=cxmlaZfZpmg>

### TRAVELLING TO BRAG IS THE LATEST SWAG

Travelling to exotic location is no more a means for rest and rejuvenation. It has come to be a means of bragging on the social media. Mindless travelling leads to paucity of time for bonding with family, besides being a drain on resources and environment as is evident from the way the Himalayas are becoming 'the world's tallest and highest cemetery'.

<https://www.youtube.com/watch?v=Rb3H2XY-d5w>

The young speakers vociferously spoke about these issues of societal concern. Watch them voice their opinions by clicking on the given links.



Standing (left to right): Sanjana Sharma, Stuti Sareen, Nahal Anjum , Sonia Xalco, Paakhi Tiwari  
Kneeling (Left to right): Shatakshi Dutt, Aashna Lidder, Ammaira Kapur

**SDG 12**

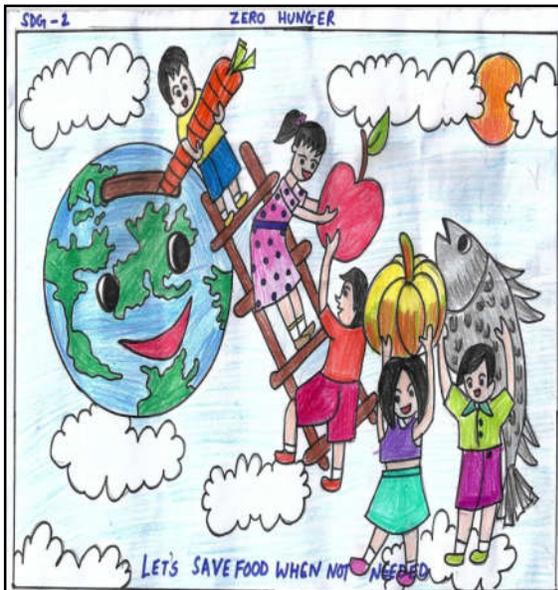
Generations change, people too, and so does HUMANITY  
 There was a time when selflessness was a feeling  
 A feeling that existed in all human hearts  
 There was a time when good deeds were kept cryptic  
 A time where we considered our nations to be ONE  
 A world united by a single string---HUMANITY  
 There was a time when we were all equal  
 Different yet the same  
 There was a time when we maintained world peace  
 Just for the sake of each other.



Vanshika Kothari VIII

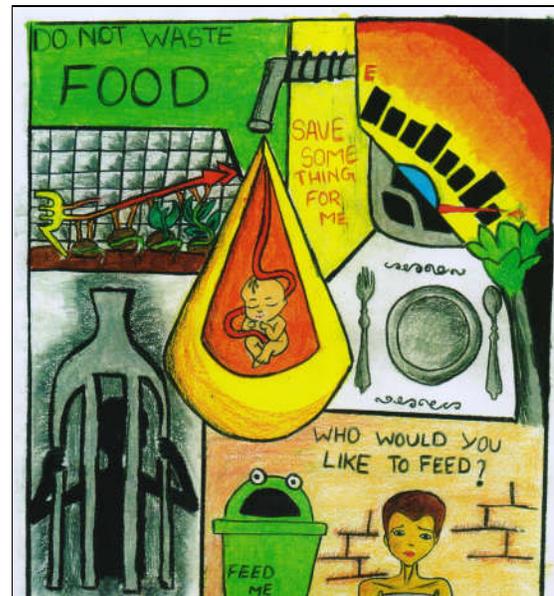
But generations change, people too, and so does humanity  
 This is the time where selflessness has just become a hashtag,  
 A time where there is unrest even among the people of the same nation.  
 This is the time where good deeds are done to show off.  
 This is the time where HUMANITY is replaced by WAR.  
 A time where among each other, SINS are all that we see.  
 A time where selfishness reigns in each soul,  
 And conquers it to such an extent that,  
 We stop thinking about 'WHO'S NEXT?'  
 "Who's next to use the resources we are tirelessly exploiting ?"  
 We only see 'what's next?'  
 "What's next in store for us?"  
 And as we keep exploiting resources  
 And see the ones next suffering,  
 REGRETS are all that we have.

**SDG 2**



Vaidehi Udeshi VIII

**SDG 12**



Rozina Hasan VII

**A BETTER WORLD**

That boy near the lodge on the street down hill  
 Has much more to do than say "I am hungry!"  
 He has to take care of his sister who is ill  
 He has to go around asking people for help  
 Help for something he cannot handle alone  
 Help to fight a monster  
 So gruesome that  
 Even Hercules cannot defeat it.  
 This monster doesn't spit fire,  
 This monster does not fly,  
 It just takes a little bit of him  
 Day by Day.  
 The boy weeps every night  
 As he fights to keep himself alive  
 As he tries to keep that monster at bay.  
 But this monster has much more vigour than the boy  
 It is so atrocious that neither does it let the boy die  
 Nor does it let him live.  
 The monster will wait no more  
 It will tear him apart  
 Into tiny pieces  
 It will shatter him completely,  
 Ruining all his dreams.  
 And like every other boy who used to live  
 Near the lodge on the street downhill,  
 This boy will too etiolate  
 And perish in the darkness.  
 This monster still prowls around,  
 Plaguing other people,  
 Watching them struggle,  
 Relishing his victory every time  
 Each one of them beg to be forgiven  
 For a crime they haven't committed.  
 We call it Hunger  
 But for people like the boy,  
 It is a monster  
 That haunts them day and night  
 Neither letting them live,  
 Nor letting them die.  
 So as the youth of the 21st century let us stop this monster  
 From destroying the people of this earth  
 From killing them with this horrible disease  
 Let us all strive for zero hunger  
 Let us join our hands together  
 And make the world better.



Hifza Shahnawaz VII

**SDG 2 Zero Hunger**

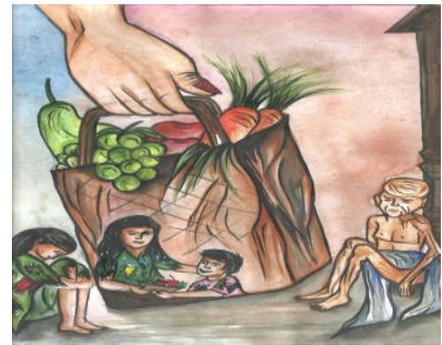
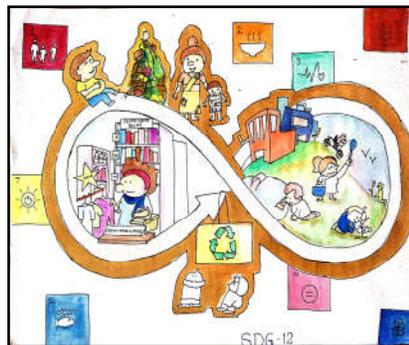
Kolkata Mary Ward Social Centre had started a Food Atm for those who go without two meals a day. Our school had committed to make contribution towards this initiative every Thursday of the week. It had been a learning experience and a reality check for our students. We are grateful to the parents who had appreciated this endeavour with a big heart and are sending extra tiffins to support the cause.

**RESPONSIBILITY**

Responsible Consumption and Production, aims at the efficient use of limited resources in order to ensure a safe environment for all. According to a UN report, each year 3 billion tons of food lands up in bins, while 1 billion people remain malnourished and 2 billion people are obese. These statistics are alarmingly threatening since they imply callousness among the privileged when it comes to consumption and production. This problem has to be solved from the root, the production companies should not produce beyond what is required, restaurants and households ought not to buy more food than they need in order to meet the consumers daily demands and needs respectively, consumers have the responsibility to consume meticulously, not more than their body requirement, and lastly, if there is any leftover it should be put to efficient use so that it is consumed by the starving population and not disposed off, for example, food ATMs, food drives, etc. Thus, If we produce and consume the limited resources available to us in a conscientious way, we can ensure the successful integration of environmental sustainability with economic growth and welfare.



Iffat Yousuf XI



Ratuja Ray X



Peony Roy VII



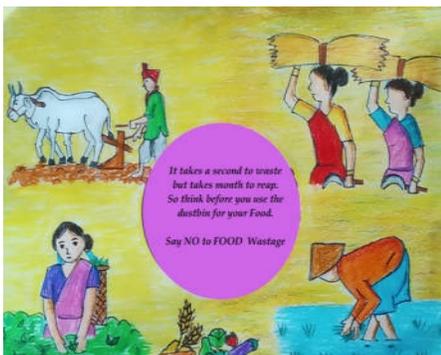
**Let there be FOOD for ALL**

Many are unable to feed themselves and their families. This leads to starvation and loss of lives while with the rich and famous food getting wasted. We the youth of India can change the present day scenario and make a better future for everyone. We can at least provide a healthy meal for people who are not able to get for themselves. When we go to a restaurant and takeaway food, sometimes we just leave it in we can pack that meal with a little more and give it to a family that needs it more than us. do two things saving food and saving the life of at least one hungry family out. The Mary Social Service Centre has started a food bank. We the students of ‘Loreto Convent Entally’ are contributing towards the food ATM by saving something from our daily meals and helping out the hungry and starving. We as humans still have humanity in us to go that extra mile and help those in need.



Rebecca Rueben VI

are



**Zero Hunger**

Out in the world there are people crying,  
There are people dying from hunger.  
We should tolerate it no longer.  
It is time to give them our hand,  
Beside them we should stand.  
Provide them with healthy food  
And pray to God for their good.  
So now let's hold our hands together  
And help people dying out of hunger.



Afreen Ali VI



Aishani Chakraborty



Prarthna Pandit VI

**SALE!! 50% OFF!! Buy One Get One Free!!! But Stop! Think! Analyze! (Sustainable Consumption)**

Questions	Student 1	Student 2	Student 3	Student 4	Student 5
1 How many times have you shopped in 6 months?	10	3	6	1	8
2 What brands do you prefer?	International	International	International	Local	International
3 Are you familiar with SDG?	Yes	Yes	Yes	Yes	Yes
4 Would you change your lifestyle to bring about change?	Try	Yes	Yes	Try	Yes
5 Are you familiar with the rise of garbage accumulation in the Pacific?	Yes	Yes	Yes	Yes	Yes
6 Do you think Financially rich people waste resources?	No	Yes	Yes	Yes	No

The survey was done in the school with the senior students. It shows that the majority of the youth is aware of plastic pollution and garbage accumulation but is clueless about its prevention; hence we bring to their notice SDG 12, an aim to prevent excess production and consumption. After examining the survey we come to the conclusion that, most people buy international items hindering their National economy and production hence we should use and promote local brands, as India believes in “Make in India”. The people of India are aware of SDGs and the hazards of overproduction, but the steps of prevention are coming in the way of people’s normal day to day life, for example people are more attracted and fascinated to buy International and artificially created plastic made goods and not towards environment friendly and local brands. In recent years, there has been a lot of development and people are paying heed to the changing climate, hence many Malls have initiated the use of paper bags over plastic bags. At the grass root levels, schools all over the world can help contribute to the execution of SDG 12. They can educate, spread awareness about garbage disposal through presentations and organise outreach programmes for the betterment of their locality and themselves.



## RESPONSIBLE CONSUMERISM

It seems we are being offered and supplied more and more goods that we do not need, but are incentivized to want. An exaggerated amount of manufactured goods are put on display in front of us, the production of which is using up the earth's limited natural resources. So, what can we, as consumers, do, instead of feeling powerless and distraught, considering the fragility of our ecosystems today? The answer perhaps lies in responsible consumerism. Choosing whether or not to purchase a commodity, and choosing among different commodities in order to embrace or reject particular environmental and labour practices involved in the production of the commodities helps consumers adhere to the ethical values they hold, and at the same time incentivises producers to adopt sustainable production practices that conform to such consumer values.

In today's materialistic society, there are several obstacles that keep us from becoming a responsible consumer. Such as, peer pressure. For example, when all your friends follow a certain trend and start buying ripped jeans then there is a certain urge in us to buy them too which then leads to hoarding. The clothes signify our limitless desires leading to a strain on our wallet as well as on the environment. To state another example, buying expensive Birkin leather bags in different colours and patterns, one for each time one goes out, enough in number so that one needs a walk-in closet to keep them – this is consumerism. Buying relatively useless commodities just because they are expensive and thus help one stand out and become the object of one's peers' envy is becoming increasingly common. Furthermore, fast-fashion contributes annually \$500 billion worth of waste due to underutilised clothing or no recycling. The best way to combat the wastefulness, especially in this industry, would probably be to establish responsible consumerism as a fashion trend

A savvy shopper with high demands on the brands they choose to support is a driving force behind green packaging. Another reason more brands will be turning to green packaging is the amount of plastic ending up in our oceans. Green packaging means that not as much junk will end up in landfills and oceans. It is also geared to protect our resources, reducing water, electricity usage and emissions. Recycled, recyclable and biodegradable materials are better choices for packaging.

As a responsible consumer we need to be able to choose between what we need and what we want. Responsible Consumption also helps the environment by helping us reduce waste. Responsible Consumerism is based on the idea that less consumption, equals less production, equals less waste. It is good for the environment, it is good for your wallet, and it is good for your happiness. We all must strive to be a responsible consumer.



Avantika Singh XI



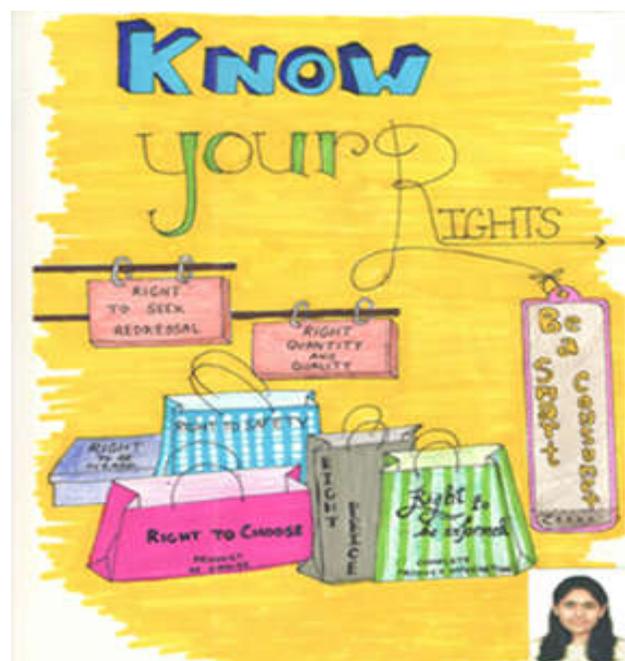
Mehak Surana XI

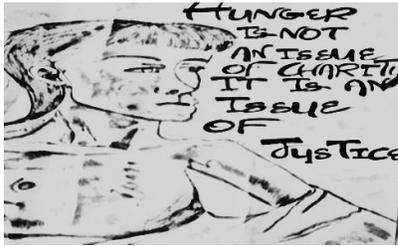


Meghna Ghosh XI



Khushi Goenka XI





Iqra Mariyam XII



Annie Boro X



Ilma Anwar XI

### MAKE A DIFFERENCE TONIGHT

The child turned in his bed,  
Under the lamp post,  
Hand tightened over his stomach,  
Hungry and unfed.

Sitting up straight ,  
He draws his knees close,  
As he listens to the happy chatters,  
Of families as they tell their dinner tattles.

And the same thing crosses his mind,  
For he might not even live up to celebrate nine,  
Is this what he really he signed up for,  
Being buried even before finding something to aspire for?

And this remains the story,  
For many unfortunate kids,  
Sleeping hungry at night,  
Cursing the dawn's winds.

Can we really sleep sound,  
When this kid realises the answer,  
to his questions can never be found.  
We all do find a voice on the net,  
We see it all and forget.

But when we see it happen,  
right in front of our eyes,  
We build walls and pretend all is fine.  
The child's hunger,  
Is not for us to throw over each other,

It is your duty as it is mine,  
Don't let the flags of your nations let it go  
undermine.  
This is not just something for you to ponder on,  
Waiting for your government to work upon.  
Take a step forward,  
Be ready to fight,  
So another child doesn't die hungry tonight.

### BETTER REALITY

As I find all that was sacred to human kind growing  
extinct,  
With multitudes kissing the vain land as they  
experienced the phase of death,  
It seems inevitable now,  
Humanity has reached its ineffable stage.  
The freedom of squandering resources that were so bare,  
Allowing the polars of famish and superfluity to co-exist,  
Within the same universe and the same creatures still,  
Who have occupied such capabilities of efficiency,  
Which have turned this holy land into the dearth we see.  
If only we realize that all that is vast is not infinite,  
That even the affluent resources do perish,  
Maybe we do dwell upon,  
The fact that starvation isn't something desirable,  
And step up to save the last of greenery we see.  
Realizing the essence of what was left,  
Saving the resources for future scarcity.  
Following this will we be able to find,  
The harmony that lays in the society,  
That what was once fantasized is approachable,  
Peace can lay in this better reality.



Priyanshi Shara XI



Sumana Abbas XII

### Responsible Consumerism

The theory that an increasing consumption of goods is economically desirable also: a preoccupation with and an inclination towards the buying of consumer goods.

What is responsible consumerism?

Responsible consumerism or ethical consumerism is when customers make intentional purchases of products, opting for those that have minimal to no negative impact on humans, animals and the environment. There are many ways to practice responsible consumerism. Purchasing beauty products made without the use of ingredients known to be harmful and that have not undergone animal testing is one way. Taking a closer look at how your products are packaged is another. Online shopping and the convenience it lends to consumers present an obvious upswing in the use of packaging as we having more and more household items shipped directly to our doors including cosmetics and personal care and with e-commerce sales forecast to hit 4 trillion globally by the year 2020 according to e-Marketer, the use of packaging materials won't be slowing down anytime soon.

Responsible Consumerism with respect to hunger:

To understand why people go hungry we must stop thinking about food as something farmers grow for others to eat, and begin thinking about it as something companies produce for other people to buy.

- Food is a commodity
- Much of the best agricultural land in the world is used to grow commodities such as cotton, sisal, tea, tobacco, sugarcane, and cocoa items which are non-food products or are marginally nutritious but for which there is a large market.
- Millions of acres of potentially productive farmland is used to pasture cattle an extremely inefficient use of land, water, energy but one for which there is a market in wealthy countries

Ending hunger requires doing away with poverty, or at the very least ensuring that people have enough money or the means to acquire it, to buy and hence create a market demand for food.



Zeba Khan X



Sukanya Ghosh X



Choitree Banerjee VIII

### DOING MORE WITH LESS

'Oh that's out of trend now!' This is a common phrase we often hear. With the changing times people also desire to change their lifestyle. The lavish lifestyle of some encourages the rest to follow their footsteps. The natural resources around the world are growing scarce day by day, the growing demands of the people has aggravated the problem. According to a report by United Nations development program in 2017 the worldwide material consumption reached 92.1 billion tons. This clearly reflects that an urgent action needs to be taken to stop over extraction of natural resources. While some people strive to meet both the ends and satisfy their basic needs the others keep hoarding their houses with fancy stuff. Therefore it is the need of the hour that all the nations together work for a sustainable environment, infrastructure and provide access to basic jobs to its citizens. As individuals we should also give up materialism strive for a simple yet better life.



Adisri Kapoor IX

### FROM MY NOT SO LONELY EYES...

Those lads out there have a shirt on their bodies, but me? I have an old shirt not even in one piece. Those men out there have a shiny black boots on their feet, but me? I have a broken, worn out slippers and I'm almost barefoot. Those women out there are neat and clean without an atom of dirt, but me? I am almost covered in dirt from my foot to my shirt. Those girls out there are striving to get a slim waist, but me? My back and stomach are stuck in a firm embrace. Those people are stuck in a never ending loop of brands and wealth, whereas I am stuck finding food to support my health. Those people talk about trends, whereas I am striving to save myself from my destined end. Those people want more and more, whereas here I am struggling hardcore. Those people blame it all on the government, whereas they are the ones most responsible-these men and women. They have no hearts, no emotions, no humanity, still they use materialistic wealth, pretending to be elegant and full of dignity. We, the poor ones are the sufferers, we bear the fruits of their wrong deeds. We beg, for them to share, but, they pay no heed, because they never see, they never care.



Samreddhee Jain IX

OUR DREAM: A WORLD WITH ZERO HUNGER  
 "PEACE BEGINS WHEN THE HUNGRY ARE FED."

- DOROTHY DAY

In a world where we produce enough food to feed each and every one, there are still some people who go to bed with an empty stomach each night. The word "hunger" means feeling of weakness or discomfort that we get when we need something to eat. As far as zero hunger is concerned, it is a challenge as well to all of us.

The basic concept of Zero Hunger Challenge is to end hunger, achieve food security, and improve nutrition and to promote sustainable agriculture. The new world is accepting Zero Hunger as a challenge called Zero Hunger Challenge. To take this challenge further, people instead of throwing leftover food, distribute the edible food to the homeless who live on the streets. We can also take this initiative and help all those who live a life of starvation. By taking this small step we can reach to eliminate major world problems like malnutrition and starvation and help the world to be a better place for all those who live in it.

When we look around us and within ourselves too we can see how selfish we have become. In our race to be better than the best we have developed a culture of thoughtless consumption, whether it be of energy or resources. Perhaps gone are the days where one paid heed to the needs of one's fellow brothers. When we talk about Justice today we need to ask ourselves the question, "how does my choice affect the others?" As responsible global citizens we need to do our bit in building a hunger free world by adopting the spirit of responsible consumerism. When we pause a while in our race to have it all we can make a difference.



Upashna Tamang XI

### Zero hunger

Ten million wishes, neither of gold nor silver. But you and I, we can return their grace.

Ten million stomachs that sleep unfed.

Nine months one stays within the warmth of the womb.

Just to starve for nine hundred days. Together, two souls can save one spirit.

She turned eight last night, but when was the last time she ate?

He lingers for seven pennies, to feed his family some bread.

Hunger snatches away the faith one has for tomorrow.

Haven't you seen in their eyes? The sorrow!

Six days, God crafted the universe in

But humans, to own the seas and land, felt nothing.

Let's fight before five thousand more die.

Let's fight for those who cannot deny

That the world has left them forsaken.

Let's elp the homeless, restore their flesh..

Four families can smile, three infants can live.

Humanity is on the verge of death,

Its time for us to step ahead.

If numbers matter then zero should be a number

Only for hunger. everyone deservesto be fed!



Ridhika Basnet XI



Nim Lhomu Sherpa XI

**GOD TO HUNGRY CHILD**

Hungry child,  
 I didn't make this world for you  
 You didn't buy any stock in my railroad  
 You didn't invest in my corporation.  
 Where are your shares in standard oil?  
 I made the world for the rich  
 And they will be rich  
 And they have always been rich  
 Not for you, hungry child.



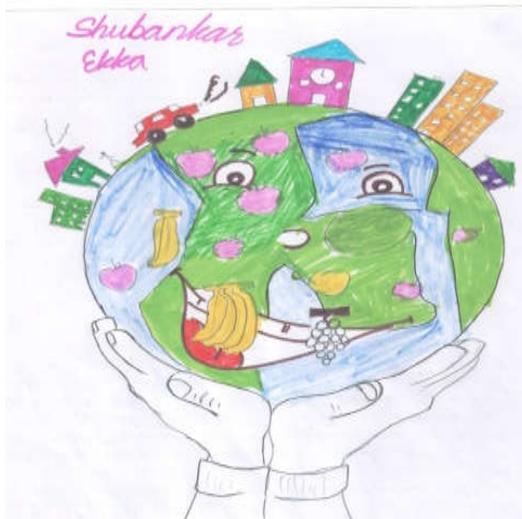
Atish Oraon X



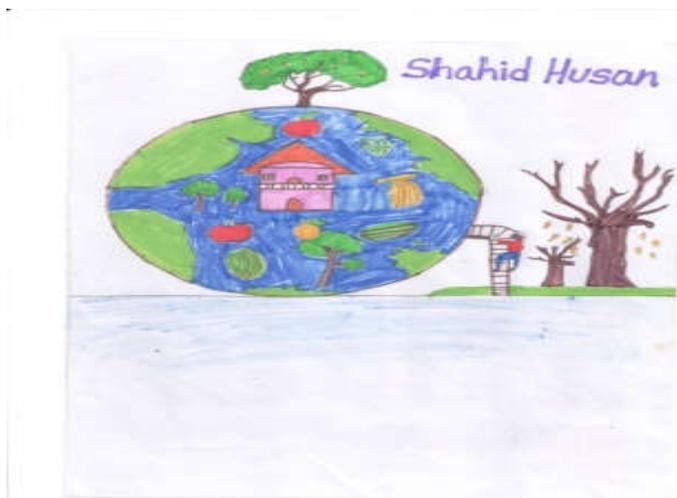
Sabestain Soreng X



Abhishek Rai X



Shubankar Ekka X



**Say No To Hunger.**  
**When will we learn to share?**



Nancv F. Sundas X

There I sat,  
 On a silent road,  
 The place I called my abode.  
 I heard footsteps walk by,  
 Some quick and brisk,  
 But not one of them cared about life;  
 That was nothing but a wisp.

They all were on a cortege  
 I looked at each one of them  
 And in their pitiful eyes  
 I saw that each one carried a face in disguise.  
 I began to weep  
 My pain and suffering from within  
 I looked at the sky, wondered whether I committed a sin.

I looked at my body and felt the shock and pain.  
 I screamed and wept clear tears like the falling rain.  
 I was nothing but skin and bone,  
 My ribs were brittle, I felt like a stone,  
 And my body colour was of a different tone.  
 I cried again as I saw my haggard body  
 And my wrinkled flesh that was hanging and flaky.

I lived scavenging on the rubbish bin  
 For five years without any kin.  
 But this year my body was not strong from within.  
 Hunger had killed me

My life was a sin  
 But I saw my body like detritus  
 Being covered with the soil and humus  
 I knew my wish had been fulfilled.

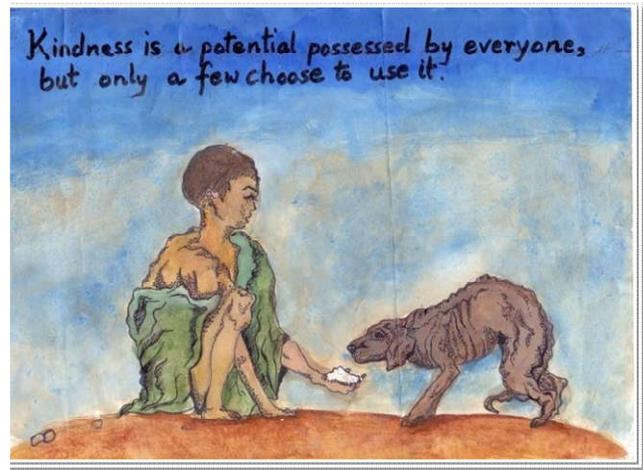
I looked down again and whispered to the wind,  
 'I hope that the world sees the importance of food,  
 Throwing food is not good.  
 I hope the world overflows with kindness and generosity.  
 I hope my death was not just a tragedy  
 But a wakeup call for humanity'.



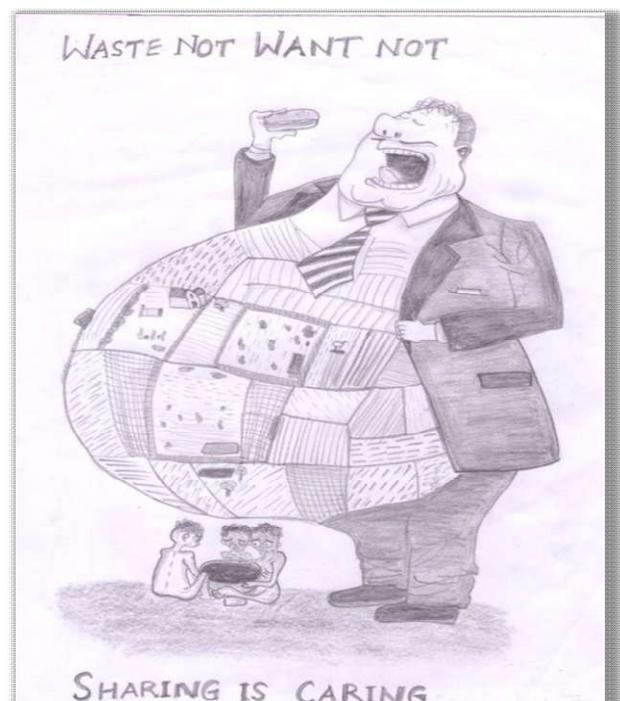
Cheynell E. Lefevre X



Privadarshini Thami X



Akansha Rai X





Ration distribution to the hungry and the deprived section of society.



Creativity is making marvelous things out of discarded.



Steps taken forward to stop environment pollution and to keep our resources sustainable.

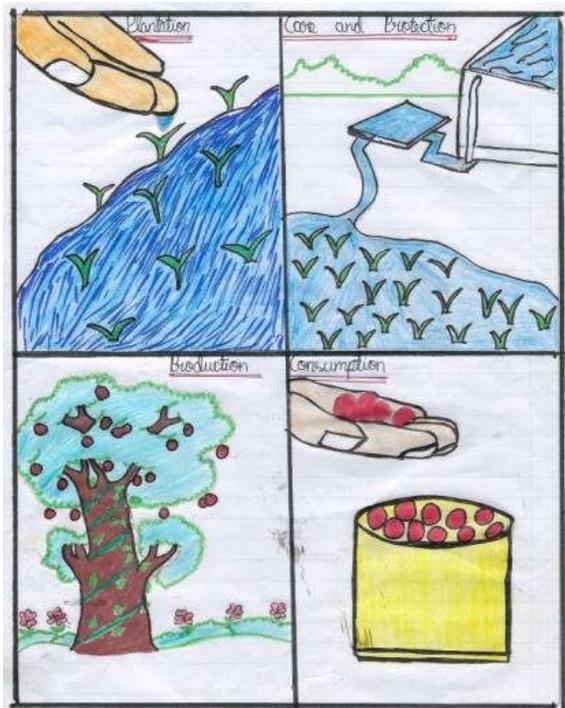
To avoid use of private transport to school, we have introduced public transport for our students.



Adit Rai V



Aditya Rai V



Jeraldine Rai V

**Sustainable Consumer**

Hello! I am a sustainable consumer  
 my regular consumption is pretty less,  
 I consume water, air and little energy  
 But see, I am still flawless.

I walk or do cycling sometimes  
 instead of going for a long drive:  
 Because I know it does not  
 pollute air like cars, buses and motorbikes.

I love food but consume in moderation;  
 I don't overeat, avoiding health complication.  
 I share my food if somebody is in need  
 Because I don't waste it and  
 I believe it is good indeed.

As a responsible citizen of this planet  
 I believe and practice sustainable  
 consumerism:  
 And for the sake of our environment,  
 I strictly follow this favouritism.



Chuzong Lepcha V

The Students of Class V Demonstrate: Conservation of Water



## YOUNG CHANGE LEADERS: IT'S OVER TO YOU, GREENAGERS



I, Anushka Lal of Class 8, participated in the Times of India Young Change Leaders Contest 2020 and qualified for the Grand Finale held at Hyatt Regency on 6 February 2020. I bagged the 3<sup>rd</sup> Place in the Senior Category and was awarded a Bronze Medal, a hamper, a Kindle E-Reader and many gift vouchers and free passes of the event's sponsors.

My journey started with a small article in the Times of India newspaper urging students of classes 6 to 9 to 'Fight Climate Change' and upload a self-recorded video on the same topic at their website. I uploaded my entry on 2<sup>nd</sup> February, 2020 and was selected for the Grand Finale among 3500+ entries from 800+ schools along with 17 other entries. I said the following in my Audition Video:  
<https://youtu.be/H307KkboE7k>

I drafted my speech for the Finale with the help of Mrs. Grover, Mrs. Andrews and Mrs. Ranjan. I was going not with an intention of winning but with the determination of leaving behind a mark of my words to change our ways before the climate crisis happened.

My topic was 'Do You think our Ever-Expanding Consumerism is Killing the Environment? There were 18 contestants in all; 9 in the junior category and 9 in the senior category along with environmentalists, jury members, reports, editors and several other eminent people.

*After my speech, I was asked a question by one of the panelist. They asked me how I have influenced my parents to reduce consumerism?" I answered, "To reduce consumerism, I have told my parents to differentiate between their needs, wants and wishes. Today, the world really needs this differentiation. If all luxury items came with an infographic of the damage they have done to the environment, I am sure that no one in their right senses would use these items. Moreover, I believe in a green future."*

I would like to thank Sister Monica for giving me this opportunity to represent the school at such a platform where my views reached the right ears.

I feel that if we do not act now, doomsday is not far away. We need to change before the climate changes. Only this way can we dream of a better, greener and sustainable tomorrow.